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Matters of the heart

Announces

INDIA HEART SYMPOSIA 2025



In collaboration with



**International
Society of
Hypertension**

Block The Date



Sunday, 8th June, 2025

Grand Hyatt, Mumbai

INDIA HEART SYMPOSIA 2025

In collaboration with



International Speakers



Prof. Bryan Williams
President, International Society
of Hypertension, Chief of Medicine,
University College London,
Director & Board Member,
UCL Hospitals, United Kingdom



Prof. Peter Libby
Mallinckrodt Professor of Medicine,
Harvard Medical School,
Cardiovascular medicine specialist,
Brigham and Women's Hospital.



Prof. Piotr Ponikowski
Rector of Wroclaw Medical
University, Director of the Institute for
Heart Diseases, University Hospital,
Wroclaw, Poland



Prof. William McEvoy
Professor, Preventive Cardiology,
NUI Galway Consultant Cardiologist,
University Hospital Galway,
Ireland



Prof. Tina Vilsbøll
Clinical Professor and Head of
Clinic Steno Diabetes Centre,
Copenhagen,
Denmark



INDIA HEART SYMPOSIA 2025

In collaboration with



Program Moderator



Dr. A. Sreenivaskumar

Director Cardiology & Clinical Research
Apollo Group of Hospitals,
Jubilee Hills, Hyderabad

About the Program

The India Heart Symposia (IHS) 2025 is a premier medical conference set to take place in Kolkata and Mumbai, bringing together leading cardiologists, diabetologists and healthcare professionals to discuss critical advancements in cardiovascular medicine and diabetes. The program features a series of expert-led sessions focusing on the intensive management of elevated blood pressure, comprehensive approaches to heart failure across all LVEF types, and the latest clinical trials shaping modern cardiology along with management of Type 2 DM and Obesity. Renowned international speakers and Indian panelists will share insights, followed by interactive panel discussions aimed at fostering collaboration and clinical excellence in the treatment of cardiovascular and metabolic diseases.



Indian Panelists



Dr. D Prabhakar

MD, DM, FACC, FInSH

Preventive Interventional Cardiologist,
Chennai



Dr. Shashikant

MD, DM, Fellow ICPS (Paris)

Sr. Consultant Interventional Cardiologist, FIAE, FASH, FAPSC, FACC, FCSI, FISE, FAHA
Director- CathLab and HOD at
Yashoda Hospitals, Secunderabad.



Dr. Uday Jadhav

MD, DM,

Consultant Cardiologist,
MGM New Bombay Hospital



Dr. MK Shah

MD, DM,

Interventional Cardiologist,
Mumbai



Dr. Parag Shah

MD, DNB

Diabetologist and Endocrinologist,
Director Endocrine Centre, Ahmedabad.
Organizing Secretary - ESICON 2015



Dr. Mangesh Tiwaskar

Consultant Physician

& Diabetologist

Hon. General Secretary,
API



Dr. Rajiv Kovil

M.B.B.S (Bom),
D. Diabetology (Bom),
Consultant Diabetologist.



Dr. Sadanand Shetty

MD, DM (Cardio),

FACC, FSCAI, FACA (USA), FCPS,
FISE, FICC, FICP, FCSI, FESC.

Director, Dept. Cardiology,
Somaiya Super Specialty Institute, Mumbai



Dr. Ashok Kirpalani

MD, MCPS, MNAMS (Nephro)
Prof & Head, Dept of Nephrology
Bombay Hospital Institute of
Medical Sciences.

Agenda

2:35 PM	2:50 PM	Welcome Address	Prof. Bryan Williams
Session 1			
2:50 PM	3:15 PM	Intensive approach towards Elevated BP and Hypertension: Major trials and guidelines (25 mins)	Dr. William McEvoy
3:15 PM	3:40 PM	HF Management in all LVEF types: Landmark trials and Emerging Therapies (25 mins)	Dr. Piotr Ponikowski
3:40 PM	4:00 PM	Q&A Session & Panel Discussion (20 mins)	Panelists: Dr. William McEvoy, Dr. Piotr Ponikowski, Dr. Shashikant, Dr. MK Shah
Session 2			
4:00 PM	4:25 PM	Precision Medicine: Future of Type 2 Diabetes Mellitus (25 mins)	Dr. Tina Vilsboll
4:25 PM	4:50 PM	Decoding Combination Therapies for Hypertension (25 mins)	Dr. Bryan Williams
4:50 PM	5:10 PM	Q&A Session & Panel Discussion (20 mins)	Panelists: Dr. Tina Vilsboll, Dr. Bryan Williams Dr. D. Prabhakar, Dr. Parag Shah, Dr. Mangesh Tiwaskar
5:10 PM	5:25 PM	Tea/Coffee Break	
Session 3			
5:25 PM	5:50 PM	Personalized HF Management: Optimizing GDMT In-Hospital and Early Post-Discharge Based on Patient Profiles (25 mins)	Dr. Piotr Ponikowski
5:50 PM	6:15 PM	Hypertension in Chronic Kidney Disease: Considerations for management (25 mins)	Dr. William McEvoy
6:15 PM	6:35 PM	Q&A Session & Panel Discussion (20 mins)	Panelists: Dr. Piotr Ponikowski, Dr. William McEvoy Dr. Uday Jadhav, Dr. D Prabhakar, Dr. Ashok Kriplani
Session 4			
6:35 PM	7:00 PM	Trends in management of Diabesity (T2DM with obesity) and MAFLD (25 mins)	Dr. Tina Vilsboll
7:00 PM	7:25 PM	Newer Horizons in Management of Hypertension (25 mins)	Dr. Bryan Williams
7:25 PM	7:45 PM	Q&A Session & Panel Discussion (20 mins)	Panelists: Dr. Tina Vilsboll, Dr. Bryan Williams Dr. Rajiv Kovil, Dr. Sadanand Shetty
7:45 PM	8:00 PM	Tea/Coffee Break	
Satellite Session			
8:00 PM	8:30 PM	Beyond Traditional Risk Factors: Inflammation and immune triggers of ACS	Dr. Peter Libby
8:30 PM	8:50 PM	Q&A Session & Panel Discussion (20 mins)	Panelists: Session Speaker Dr. D. Prabhakar
8:50 PM	8:55 PM	Closing Remarks	Prof. Bryan Williams

** Each talk includes a clinical case discussion (5 mins)

Program
Venue & Date



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